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Capital Times

Cardiff Council Issue 170 February 2015

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**Community spirit at
Highfields - PAGE 3**

Capital Times

Cardiff Council Issue 170 February 2015

Photograph by Ben Blyth



• Members of the African Children's Choir paid a visit to the Lord Mayor of Cardiff, Councillor Margaret Jones, at the Mansion House recently ahead of their performance at St David's Hall. The choir is composed of children aged six to 12, many of whom have lost one or both parents through the devastation of war, famine and disease. The Cardiff concert was part of a tour to raise awareness of the needs of destitute and orphaned children in Africa and to raise funds for the continued development of the African Children's Choir Programme.

Make the 'Diff in Cardiff

A new platform to enable individuals and groups to raise funds for community schemes or projects is up and running in Cardiff.

Make the Diff is the city's own crowdfunding platform based on Spacehive, the world's first funding platform for civic projects, which aims to raise money from supporters or 'the crowd' to contribute to an idea, scheme or initiative.

Community groups, organisations or individuals can propose an idea or initiative that makes Cardiff a better place to live, whether it be big or small, on the site and a crowd of people then add their support, each

contributing small amounts, to the proposal.

With increasingly tight budgets affecting the delivery of public services, crowdfunding has become a more appealing method of generating income for community causes in an easy way. Just recently in Cardiff, the city's night shelter run by homeless charity, The Wallich, successfully raised £21,000 to enable them to remain open for another year.

The City Council has had to cut £85m from its budget over the last three years and over the next three years, it is anticipated that the Council will have to find a further £124m which includes

a £48m budget shortfall for 2015/16.

Leader of the City of Cardiff Council, Councillor Phil Bale, said: "With specialist crowdfunding sites and the fast-paced nature of social media, crowdfunding has really taken off and people's ideas can reach a large audience very quickly.

"We have to think differently about where finance comes from for community projects and initiatives. Make the 'Diff provides an excellent opportunity for communities to raise funds for developments or improvements they would like to see in their own areas.

"People in Cardiff can really

make a difference by playing a greater role in supporting services in their area and we are supporting our communities and partners to help them deliver services and manage assets themselves.

"Our 'Stepping Up' toolkit gives useful guidance to groups or individuals interested in taking over a community service or asset and now, Make the 'Diff is a great platform for showcasing ideas and projects to potential funders."

Do you have an idea that would help make your community a more attractive or safe place to live and work, or could help people in your local area?

Make the Diff wants to hear from people with ideas or projects that require crowdfunding. Email makethediff@outlook.com with information about your project. Your idea on the website will be shared with people and organisations across Cardiff, encouraging them to crowd fund your idea.

Projects are entirely decided by you, as long as it benefits the City of Cardiff in some way.

For more information visit www.spacehive.com/initiatives/makethediff or for more information about the Stepping Up toolkit visit www.cardiff.gov.uk/budget



NEWS



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Events**

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Capital Contacts



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If you would like to comment on anything you've seen in the paper or on council services generally or if you would like to submit an article on your community organisation contact our editorial team on: 029 2087 3107.

You can also e-mail us at capitaltimes@cardiff.gov.uk

The paper is also available from council offices and facilities such as libraries and leisure centres across the city and on the council's website www.cardiff.gov.uk

If you have any questions about the delivery or distribution of Capital Times ring 029 2087 3107 or e-mail capitaltimes@cardiff.gov.uk

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Don't Forget

When you've read the Capital Times, make sure you recycle it.

"If you have a group of people

WALKING through the doors of Highfields Church in Cathays, the sounds of toddlers laughing, the animated chatter of people inside, the clinking of cups and saucers and the bouncing of a football in the hall tells you that Highfields is not just for Sundays.

The vast building on Monthermer Road is a hub of community activity where mums meet to chat while their little ones play, older members of the community come together to reminisce over a cup of tea, international students gather to socialise and improve their English language skills and many more activities.

Highfields is truly at the heart of its community and its 200 volunteers and 15 employees are already

AS the nature of public service delivery faces a major overhaul due to major budget pressures, communities are set to become more involved by playing a greater role in supporting services in their area. Here we look at one community organisation doing just that.

making a difference in the city delivering a wide range of services in the area.

Chair of Trustees and volunteer at Highfields, Chris Street, said: "We want to make a contribution to society. We want to make a difference to our local community because we see the difference it will have on the bigger picture going forward.

"If we get this right, it should reduce crime, graffiti and vandalism because all

of a sudden people have a responsibility for their community.

"Getting people to give their time to our activities is not difficult. They are all willing to do that and I'm often amazed by how much time they are willing to give. We bring together a range of skills and people from all sorts of backgrounds - from the business place, marketeers, engineers, directors, project managers. We all encourage



and motivate each other to join in."

Highfields is an excellent example of an organisation delivering a broad range of community services from English conversation classes, toddler groups, activities for

international students, antenatal classes and workshops and seminars on help to get back into work and personal finance.

The City Council also works in partnership with Highfields to provide a popular luncheon



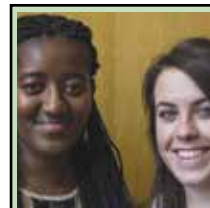
Grace Gibbens, 81

"I'm a church member and volunteer for the Coffee, Cake and Company group for the elderly. This group is good for older people as it's a place to socialise and chat with others. It meets the needs for older people and helps them to get out of their homes and meet people."



David Bhakiaraj, 47

"I was headhunted to work with the International Students here on a Friday. The group is a great opportunity for people from different backgrounds to come together and join a community, meet friends and appreciate diversity. We can see upwards of 40/50 international students here in a group."



Alice Umuhoza, 21 - Emma Smith, 22

"We work at the centre but come along to the Coffee, Cake and Company group on a Thursday as it's a lovely way to meet older people. There's something for everyone at the centre, the whole community comes together."

City has its say on 2015/16 budget proposals

MORE than 4,000 people have responded to the City of Cardiff Council's recent consultation on its budget proposals for 2015/16.

With the City Council facing a budget shortfall of £124m over the next three years, a seven-week long consultation gave residents and people who work in the city the opportunity to air their views on the proposals.

Around 3,500 people completed the online questionnaire while a further 700 completed a hard copy of the survey which was available at community hubs, libraries and leisure centres across the city.

The budget section on the Council's website was looked at over 91,000 times. While the budget video, which explains the Council's financial challenges and how we are planning to address these challenges, received 2,605 plays.

Social media played a

key role in the consultation with people contributing to the debate via Twitter. Throughout the consultation, tweets from the City of Cardiff ranked in UK Gov's most engaging tweets from UK government accounts on a number of occasions.

A number of engagement events also took place around the city where people had the chance to find out more about the proposals.

Leader of the City of Cardiff Council, Councillor Phil Bale, said: "We've had a very good response to the budget consultation. People living and working in the city have really engaged with us about the challenges we face not just now but over the coming years as well.

"The results of the consultation will now be collated and fed back to Cabinet before the budget is agreed at Full Council on February 26."

Making Cardiff a great place to live, work and play

BECOMING Europe's most liveable capital city remains the vision for the City of Cardiff Council in 2015.

Being a liveable capital city means that people in Cardiff are safe and feel safe and can achieve their full potential.

It's about ensuring the city has a prosperous economy, has a clean and sustainable environment and is a fair, just and inclusive society.



In a nutshell, it's about making Cardiff a great place to live, work and play.

This is our vision and we know that we are on the right track.

Last year, in a poll of people living in Europe's top cities,

Cardiff came out as the best city in the UK to live, with residents of the Welsh capital being the most contented citizens.

We are making good progress with a series of regeneration projects to support new jobs and growth in the years ahead, including exciting plans for a new world-class transport interchange and a million square feet of new high-quality office, leisure and retail space in Central Square.

Our Local Development Plan (LDP) has been approved by Full Council and is currently with the Welsh Government Planning Inspector undergoing a public hearing. The LDP sets out the strategic vision for Cardiff and will help us deliver on our vision of becoming Europe's most liveable capital city.

We are also committed to being a co-operative council which is connected to its citizens and communities, dedicated to working closely with them and our partners to design and deliver excellent public services.

We want to lead a capital city connected to Wales and to the world so we can showcase the

best of Wales internationally, as well as attracting the best of the world here.

Our values are openness, fairness and togetherness. We want to be open and honest about the difficult choices we face, fair so that we can prioritise services for those who need them most and together - working with our communities and partners to deliver the best outcomes for the people of Cardiff.

Finally, as we move closer to the 2015/16 budget being agreed at Full Council on February 26, I want to take this opportunity to thank everyone who took part in the recent consultation on the budget proposals. Thank you for taking the time to have your say. We'll bring you more news on the budget in the next edition of Capital Times.

Councillor Phil Bale

Leader of the City of Cardiff Council

with a heart to serve, just go for it!"

club for older people at the Dalton Street centre.

All the services provided by the church respond to the community's needs and offer support in areas where it's needed.

Chris continued: "If you have a group of people with a heart to serve, just go for it. It's important to seek advice from people or groups who have already done it and we have spoken to groups ourselves recently to help and offer our experience to encourage them.

"Building the right structure is important too, in order to deliver what you are trying to achieve and give transparency to the project.

"We are a good model for the Council. We want to create something that people want to be a part of. We want

to create an environment where people want to meet and work. We want to build somewhere that is relevant to society."

Cabinet Member for Corporate Services and Performance, Councillor Graham Hinchey said: "Organisations such as Highfields Church and the services they provide demonstrate that by partnering with local community groups, services can be retained to meet the needs of the communities they serve.

"Highfields is a shining example of an organisation that has stepped up and made a difference in their community and we are encouraging other local groups and organisations across the city to come

forward to help us in order to design new and sustainable approaches to delivering services.

"Local people have a real opportunity here to step up and get actively involved in providing services or running local facilities."

With a £48m budget shortfall for 2015/16, the City of Cardiff Council has to change the way services are delivered by exploring new ways of working.

The Council is working with communities and partners to help them deliver services and manage assets and community buildings. It has developed the Stepping Up toolkit – a how-to guide for individuals and organisations interested in taking over the management of a community service or asset in their area.



If you would like to express an interest in getting more involved in managing services or assets, visit www.cardiff.gov.uk to complete our Community Involvement

Survey and to download the Stepping Up toolkit.

For more information on the services offered by Highfields, visit www.highfieldschurch.org.uk or call 029 2065 0740.

What's on at Highfields?

Pre-school toddler music

Tiddlywinks

Youth and children's clubs

Women's English Conversation Class

Women's Sewing Class

International students badminton and table tennis

International students café

Coffee Cake Company

Back to Work

Personal Finance

Ante-natal classes



Ruth Marshall, 66

"I'm part of the team that runs the group here and I also make some of the cakes. The centre is so important as it brings people together and there's an emphasis on looking after people."



Dave Gobbett, Lead Minister, 38

Highfields is one of largest churches in Wales, the centre is a huge part of the community. It's a real hub for the community. As a church we're looking to engage and make a difference to those around us. It's a great opportunity to serve the community."



Alan Knight, 66

"I retired 18 months ago and thought 'What can I do?' I feel that old people are forgotten in society so I wanted to help in my community. I'll pick people up from their homes and bring them to the groups if they're unable to get there. We have an 85-year old gentleman who plays the drums for the groups which is great fun! There's a real community feel."

Vox Pop photographs by Peppe Iovino

Telecare

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News in brief

Volunteer and make a difference

THE City of Cardiff Council's Hostel Services are offering people looking for volunteering opportunities the chance to use their existing skills and develop new ones by joining a new volunteering scheme.

The team, which looks to provide temporary accommodation and support to people who are homeless and in priority need, wants the help of creative individuals in their work to provide opportunities and positive experiences for a diverse group of people.

There are so many ways to help, with lots of activities that include gardening, cooking, music sessions, creative writing, arts and crafts, photography or peer mentoring.

There are opportunities to gain accredited qualifications and to improve career opportunities. Volunteering opportunities are available in hostels, outreach and Gypsy Traveller sites.

If you are interested in volunteering, please contact Adrian Price on 029 2087 3141 or email HOGS.Volunteer@cardiff.gov.uk

Fund- raising gets hair raising!

ST Francis Roman Catholic Primary School in Ely has raised a total of £1,400 for a range of charities, following the male members of staff's beard and moustache-growing efforts in November.

Child Brain Tumour Foundation, Cancer Research UK, Prostate Cancer Cymru, SANDS and Let the Children Live will all benefit after the school held a number of fundraising activities and events including raffles, cake sales and face painting.

A day in a life

The latest in a regular series looking at jobs carried out by people who make a difference in the city. This month **Debbie Martin-Jones**, Operational Manager for the City Council's Children's Services talks to Capital Times about her role working with foster children and carers in the city.



"I manage five social work teams in the new Looked After Children's Service, making decisions and supporting vulnerable children. Working with the education department and schools, I help to improve the educational achievements of looked after children. This also involves working with foster carers like Gail who really promote educational aspirations for the children in their care.

Children's Services is always looking to increase the number of suitable carers for our looked after children and we have ongoing campaigns like 'Cardiff Cares' to recruit foster carers. It is so important to try to match children with carers who

will meet all of their needs, stick with them and provide a safe, secure and happy home until they are ready to leave care and support them beyond.

There is an expectation that a social worker will work really hard to find the best possible placements for children who cannot live with their own families as it is important for brothers and sisters to stay together and maintain family links. Keeping siblings together is a priority for us and working with Gail to help her foster brother and sister, Jordan and Soraya, is a shining example of this.

Jordan and Soraya were placed with Gail in 2003 and social workers have worked closely with her to

ensure that we supported and prepared them for adult life so they could achieve their aims.

Gail is a great foster carer and her belief is that if vulnerable children can recover from what has led them to being fostered, they will have opportunities to grow and develop as well as rebuilding their lives for a more positive future.

The services I have developed have helped Jordan and Soraya with their life after care, giving them support when they needed it. Thanks to Gail and her husband's unconditional love and encouragement, Jordan is now studying a Sports Coaching degree at Cardiff Metropolitan University. and aims to

be either a PE teacher or personal trainer when he graduates. Soraya is also well on her way to achieving her goals with recently graduating as a nurse and managing her own ward as well as being a mother that has learned to love, protect and guide her daughter.

The best part of my role is seeing young people overcome adversity and achieve their chosen goals. Seeing Jordan and Soraya begin their adult lives and planning for a positive future is extremely rewarding. I hope that some of the things I do will continue to improve the service to help young people in the future to be happy and fulfilled individuals."

Electoral registration has changed

DID you know, to vote in the UK Parliamentary Elections on May 7, 2015, you have to register yourself online?

Last year the Electoral Commission introduced online registration where every individual now has the responsibility to register themselves. The new

process will make sure that it is a more secure register as you need to provide your National Insurance number and date of birth. This replaces the outdated system where a single head of household registered everyone.

Registering to vote will mean you have the chance

to have a say in the UK Parliamentary Elections on May 7, 2015 on who represents you in the future.

Also, registering may help when you apply for credit because credit reference agencies use the register to confirm where you live to help them counteract fraud. If you don't register it can

affect your credit rating.

Registering to vote online or by post is easy and can be done on your home computer or mobile device. Simply visit www.gov.uk/register-to-vote

For more details, contact C2C on 029 2087 2087 or email electoralservices@cardiff.gov.uk

Glamorgan Archives achieves National Accreditation

GLAMORGAN Archives has become the first local authority archive service in Wales to be awarded Archive Service Accreditation.

Accredited Archive Services ensure the long-term collection, preservation and accessibility of our archive heritage. Accreditation is the new UK quality standard which recognises good performance in all areas of archive service delivery.

Glamorgan Archives serves the authorities of Bridgend, Caerphilly, Cardiff, Merthyr Tydfil, Rhondda Cynon Taff and the Vale of Glamorgan. It collects, preserves and makes available to the public documents from the area dating from the 12th century to the present day. Over 12km of documents are held in the strongrooms of its purpose-built facility which opened in January 2010.

Lord mayor's charity competition

SCHOOL children across Cardiff are being encouraged to get involved in a special poster competition to raise awareness of the Lord Mayor's charity, Tenovus.

The competition offers children the chance to win prizes for their school by creating a poster, no bigger than A3 size, based on the theme 'Cardiff - A City of the Future'.

The competition is open to primary and secondary schools in Cardiff. The first prize is £100 and £50 for the runner-up, and £200 for first prize in the secondary competition with £50

for the runner-up.

The first six entries received from primary schools will also win a free simple to use classroom resource kit, demonstrating how to make a simple electricity circuit.

The prizes have been supplied by Western Power Distribution who have also made a donation to Tenovus.

Competition entries should be sent to the Protocol Office, Room 280, County Hall, Atlantic Wharf, Cardiff, CF10 4UW by Friday, February 27, 2015.

Winning entries will be exhibited at Cardiff Metropolitan University.

Committee Dates

February 2015

Tuesday, January 27.

Standards and Ethics Committee, 4.30pm. Committee Room 4, County Hall.

Thursday, January 29.

Full Council *, 4.30pm. City Hall.

Tuesday, February 3.

Licensing Committee, 10am. Committee Room 1, County Hall.

Tuesday, February 3.

Public Protection Committee, 10.30am. Committee Room 1, County Hall.

Tuesday, February 3.

Children and Young People Scrutiny, 10am. Committee Room 3, County Hall.

Tuesday, February 3.

Environmental Scrutiny, 4.30pm. Committee Room 4, County Hall

Wednesday, February 4.

Community and Adult Scrutiny, 4.30pm. Committee Room 4, County Hall.

Thursday, February 5.

Economy and Culture Scrutiny, 4.30pm. Committee Room 4, County Hall.

Tuesday, February 10.

Policy Review & Performance Scrutiny Committee, 12pm. Committee Room 4, County Hall.

Wednesday, February 11.

Planning Committee, 2.30pm. Committee Room 4, County Hall.

Friday February 13.

Glamorgan Archives Joint Committee 2pm. Records Office, Clos Morgannwg, Leckwith

Thursday, February 19.

Cabinet, 3.30pm. City Hall.

Thursday, February 26.

Full Council*, 4.30pm. City Hall.

* Visit the Council's webcasting site to view Full Council meetings live or archived webcasts at www.cardiff.gov.uk/webcasting.

These dates are correct at time of going to press, however changes can occur due to unforeseen circumstances. If you wish to attend any of these meetings, details may be confirmed with Committee & Members Services at County Hall on 029 2087 2020.

£8m project to replace Cardiff's Windsor Road bridge

NETWORK Rail is reminding road users that Windsor Road bridge in Cardiff is closed in order for it to be rebuilt.

The bridge, which carries the road that connects Adamsdown with Splott and spans the South Wales Main Line, will be replaced with a larger and improved structure as part of Network Rail's work to provide a modern, bigger and better railway for South Wales.

In order for work to be carried out safely, the bridge closed to road vehicles and pedestrians on January 12 and will remain closed until the work is completed in Spring 2016.

Network Rail has worked closely with the City of Cardiff Council regarding a diversionary route, which will be clearly signed, and has done all it can to keep disruption to a minimum.

The diversion route can be found here: <http://www.networkrail.co.uk/improvements/Windsor-Road-Bridge-replacement-scheme/>

Pedestrians should use

Adamsdown footbridge (known as Black bridge), which is beside Windsor Road bridge.

The bridge, which was built in 1902, has to be replaced as it has reached the end of its life.

When the essential work is completed, the new structure will be able to accommodate heavier road loads and will be slightly higher than it is currently, to provide the extra headroom needed for the future electrification of the railway by 2017.

Graeme Tandy, route delivery director for Network Rail Wales, said: "Windsor Road bridge was built more than 100 years ago and is past its use-by date. This is a great opportunity for us to work with Cardiff City Council and put something better in its place.

"We have carefully planned the work to be completed in the safest and most efficient way and apologise for any inconvenience caused.

"We thank drivers and residents in the area for bearing with us as we do this vital work."

Cabinet Member for Transport, Planning and Sustainability, Councillor Ramesh Patel, said: "The work being carried out on Windsor Road bridge is vital to ensure Cardiff continues to keep up with the ever changing needs of the city. The new bridge when it opens in 2016 will be much improved, increasing the weight of vehicles that can use it and also ensuring the future of electrification of the rail line.

"The council has worked closely with Network Rail to ensure disruption is kept to a minimum and I would like to thank everyone in advance for their co-operation."

The demolition of the bridge will be a gradual process and, once complete, work will begin to completely rebuild the new structure. Network Rail will also work to ensure that vital services, such as electricity, gas and water that are buried in the structure, continue uninterrupted while the old bridge is demolished and rebuilt.

For further information contact Network Rail 24 hour hotline on 08457 114 141.



visitthevale.com

#cyclethevale #seiclorfro

Digital revolution with free bus Wi-Fi

THE City of Cardiff Council has been working with the Department of Culture, Media and Sport to deliver a step change in Cardiff's digital infrastructure by significantly improving digital access for Small and Medium Sized Enterprises (SMEs), the public, visitors and now commuters, as part of the Super Connected Cardiff programme.

The latest development will give all commuters and visitors travelling on over 220 vehicles provided by Cardiff Bus and Easy Way Travel, travelling in and around Cardiff and cross boundary services to Newport, the opportunity to use free 4G Wi-Fi. Implementation of this new free service will take place in stages, rolling out across the whole fleet over the next two months. The installation of this new service will be delivered by Icomera, which also involves improving passenger information.

Leader of the City of Cardiff Council, Councillor

Phil Bale, said: "The Super Connected Scheme is an excellent example of working with our partners to deliver a vastly improved service for residents, visitors, businesses and commuters. Free to access Wi-Fi is already in place in Cardiff city centre and Cardiff Bay and grant funding up to £3,000 per business is also available for SMEs for the capital costs to install super fast broadband to their business, with a further grant of up to £20,000 for Internet Service Providers

to connect to Cardiff's new Internet Exchange. Information on the grants and the terms and conditions is available via www.digitalcardiff.net.

"The new service on Cardiff's buses will allow commuters to access the World Wide Web for free, to manage day-to-day transactions and get information while they travel. The Council is committed to making public transport a more viable and attractive option and this latest development will

complement this policy, by making travel by bus a more enjoyable experience."

Gareth Stevens, business development manager of Cardiff Bus, said: "We have been in discussions with the City of Cardiff Council over the last few months and we are delighted that the implementation has begun.

"Given today's digital and fast-paced society, installing free to use Wi-Fi on our buses was a natural progression for us. It's great to see that Cardiff is making steps to become better digitally connected, which will, no doubt, help the local economy.

"We consistently look for ways in which we can improve our services for our customers. Hopefully, this will make travelling by bus more attractive to travellers as they will be able to stay up to date with information and communicate with friends and colleagues over the internet, something they would be unable to do if driving."



• Commuters and visitors can now benefit from the latest technology

Biodiversity Corner

Biodiversity includes all living things, and is an essential part of the natural environment which supports and enriches our lives. Each month, ecologist **Matthew Harris** takes a look at the natural world in Cardiff.

SPRING is around the corner, and some birds will already be courting potential mates. February 14 to 21 sees National Nest Box Week, which promotes making and putting up nest boxes.

The website <http://www.bto.org/about-birds/nbnw> has plenty of useful tips - make sure cats and squirrels can't get at the box, orientate the entrance away from the prevailing wind and sun, keep the nest box away from bird feeders, and make sure you can clean it out.

You can have fun building your own nest box. The website above contains designs, but many nest boxes are also commercially

available. Look for wooden or Woodcrete® boxes (walls about 2cm thick) with a hole about 25mm diameter for blue tits or 32mm for house sparrow.

Nest cups for house martins are available, as are boxes for swifts, though you may need a speaker to play their call to attract new birds - CDs of their calls are available online.

If you are maintaining or repairing your house or shed, it's just as important to check whether there are any signs of nesting by birds such as swifts or swallows, so that you don't inadvertently block up a nest hole.

More about wildlife next month.

**Love saving?
Love spending?**

**Join the Local Revolution for
Ethical Savings & Affordable Loans**

Contact:
Tel: 029 2087 2373
The Advice Hub at
Marland House, CF10 1EP
www.cardiffcu.com

**Cardiff
& Vale**
CREDIT UNION

Not-for-Profit Trusted In the Heart of your Community

**age connects
cardiff & the vale.**

Let's end loneliness...
We can't do it alone

**The Healthy and Active
Partnership Project**

supports older people in Cardiff who are
unable to access community activities
and who have few or no regular visitors.

For more information please contact;
Gareth: 029 2240 0029 (Referrals)
Joanne: 029 2240 0030 (Volunteers)

**Do you know a lonely or
isolated older person?**

**Do you have spare time
and can volunteer?**

Help us raise awareness of our #ThingsCanChange campaign by sharing
our video on the difference that projects like the Healthy and Active
Partnership can make.

To donate please visit www.ageconnectscardiff.org.uk
or telephone 029 2068 3604

Capital Education...



New extension for Tongwynlais Primary

CABINET Member for Education and Skills, Councillor Julia Magill, did the honours recently when she officially opened the new extension at Tongwynlais Primary School, Cardiff.

Councillor Magill cut the ribbon to unveil the £120,000 extension, which was funded by the City of Cardiff Council and completed by Vinci Construction UK, at a special ceremony at the school recently. She was joined by Headteacher Sally Phillips, Chair of Governors Mike Jones-Pritchard, representatives from Vinci Construction UK and Year 6 pupils, Ellie Jones and Morgan Ingram, the School

Council Chair and Vice Chair respectively.

Councillor Magill said: "The City of Cardiff Council's aim is for every school to be a good school. Schools in Cardiff need to be in good condition and suitable to meet the standards for contemporary teaching and learning which in turn improve educational opportunities for our schoolchildren.

"I was honoured to officially open the new extension at Tongwynlais Primary School and I am sure, following this investment by the City of Cardiff Council that it will

continue to be an excellent environment for the children who will start their learning journey there."

The new building provides the school with a single storey extension, incorporating three new classrooms to house the school's growing Foundation Phase numbers.

Headteacher Sally Phillips said: "We are so pleased to have the new classroom as it means all our Foundation Phase children can be taught together and all the children can have direct access onto the fantastic outdoor areas that we have as well.

"Building work ran

entirely to schedule and the builders were flexible, helpful and supportive – the site foreman even dressed as Bob the Builder and visited the classrooms to the delight of the pupils, so the children felt very involved in the building work."

The school is housed in a traditional stone building dating back to 1908. It has been used as a Sunday school, a fee-charging school in the Victorian era and also as the local church over the years. The new extension was specifically designed to be sympathetic to the original design and layout of the school.



• Top: The official opening of the extension
• Bottom: Staff from Vinci Construction UK

PRIMARY SCHOOL MENU 26 JANUARY - 13 FEBRUARY 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 JAN	27 JAN	28 JAN	29 JAN	30 JAN
Ham & Pineapple Pizza Tuna & Sweetcorn Pizza Cheese & Tomato Pizza ✓ Herby Diced Potatoes Baked Beans Sweetcorn Shortbread Fingers	Meatballs in Tomato Sauce/Gravy Vegeballs in Tomato Sauce/Gravy ✓ Pasta Creamed Potato Garden Peas Coconut Slice/Sponge	Chilli Con Carne Vegetable Chilli ✓ Fish Finger Wrap Tomato Ketchup Rice / New Potatoes Mixed Vegetables / Coleslaw Jelly with Fruit Cocktail	Roast Turkey Pork Sausage Quorn Sausage ✓ Sage & Onion Stuffing Gravy Roast/New Potatoes Cabbage /Carrots Chocolate Cornflake Crisps	Crispy Golden Fish Cheese, Egg & Potato Bake ✓ Tomato Ketchup Creamed Potato Garden Peas Strawberry Tart with Custard
02 FEB	03 FEB	04 FEB	05 FEB	06 FEB
Chicken Kiev Vegetable Nuggets ✓ Tomato Ketchup New Potatoes Garden Peas Rice Pudding with Raisins	Pasta Bolognaise Pasta Neapolitan ✓ Garlic Bread Green Beans Chocolate Brownie	Chicken Tikka Vegetable Tikka ✓ Alaskan Salmon Bake Rice Creamed Potatoes Garden Peas Pancake with Ice Cream	Roast Pork / Pork Sausage Cheese & Potato Pie ✓ Sage & Onion Stuffing Apple Sauce/Gravy Roast/Creamed Potatoes Broccoli/Carrots Chocolate Crunch Cookies	Fish Fingers Scrambled Egg & Cheesy Beans on Toast ✓ Chipped Potatoes Baked Beans Garden Peas / Coleslaw Apple & Blackberry Crumble with Custard
09 FEB	10 FEB	11 FEB	12 FEB	13 FEB
Beef Burger Quorn Burger ✓ Tomato Ketchup Chipped Potatoes Garden Peas Coleslaw Rice Pudding with Raisins	Chicken & Pepperoni Pasta Bake Pasta Neapolitan ✓ Garlic Bread Sweetcorn Muesli Cookie	Chicken Korma Vegetable Korma ✓ Crispy Golden Fish Tomato Ketchup Rice / New Potatoes Garden Peas Chocolate Muffin	Roast Beef Cheese & Vegetable Pastry ✓ Yorkshire Pudding / Gravy Roast/New Potatoes Broccoli/Carrots Flapjack	Salmon Chunks Country Vegetable Bake ✓ Creamed Potato Baked Beans Eve's Pudding with Custard

Start the day with a FREE BREAKFAST

- Adamsdown Primary

Albany Primary

Allensbank Primary

Baden Powell Primary

Birchgrove Primary

Bryn Celyn Primary

Bryn Deri Primary

Bryn Hafod Primary

Creigiau Primary

Danescourt Primary

Ely & Caerau

Children's Centre

Fairwater Primary

Gabalfa Primary

Gladstone Primary

Glan yr Afon Primary

Glyncoed Primary

Grange Primary

Greenway Primary

Gwaclod Y

Garth Primary

Hawthorn Primary

Herbert

Thompson Primary

Holy Family Primary

Hywel Dda Primary

Lansdowne Primary

Llandaff Church in Wales Primary

Llanedeyrn Primary

Llanishen

Fach Primary

Llysfaen Primary

Marlborough Primary

Meadowbank School

Meadowlane Primary

Millbank Primary

Moorland Primary

Mount Stuart Primary

Ninian Park Primary

Oakfield Primary

Pencaerau Primary

Pentrebane Primary

Pentyrch Primary

Pen y Bryn Primary

Peter Lea Primary

Radnor Primary
- Rhiwbina Primary

Riverbank School

Rumney Primary

St. Alban's Primary

St. Cadoc's Primary

St. Cuthbert's Primary

St. David's Primary

St. Fagan's Primary

St. Francis Primary

St. John Lloyd Primary

St. Joseph's Primary

St. Mary the Virgin

St. Mellons Primary

St. Monica's Primary

St. Patrick's Primary

St. Paul's Primary

St. Philip

Evans Primary

Severn Primary

Springwood Primary

Stacey Primary

The Court School

The Hollies School

Thornhill Primary

Tongwynlais Primary

Ton-Yr-Ywen Primary

Tredegarville Primary

Trelai Primary

Tremorfa Nursery

Trowbridge Primary

Ty Gwyn School

Whitchurch Primary

Willowbrook Primary

Windsor Clive Primary

Ysgol Bro Eirwg

Ysgol Coed y Gof

Ysgol Glan Ceubal

Ysgol Glan Morfa

Ysgol Melin Gruffydd

Ysgol Mynydd Bychan

Ysgol Nant Caerau

Ysgol Pencae

Ysgol Pen y Pil

Ysgol Pwll Coch

Ysgol Treganna

Ysgol Y Berllan Deg

Available every day:
Jacket Potatoes and Sandwiches
Fresh Fruit, Müller Yogurt and Cheese and Crackers

✓ - indicates a vegetarian option
Your school may have requested a smaller menu selection.
Your school may have different term dates



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery



www.cardiff.gov.uk/schoolcatering
twitter @Cardiffschmeals

Capital Sport...



Another event brought to you by City of Cardiff Council www.cardiff.gov.uk or call C2C on 2087 2087

Meet the team

Emma Hill:
Senior Sport Neighbourhood
Co-ordinator

Thomas Clarke:
Sport Neighbourhood
Co-ordinator (South West)

Andrew Gardiner:
Sport Neighbourhood
Co-ordinator (West)

Sophie Grosvenor:
Sport Neighbourhood
Co-ordinator (South East)

Chris McDermott:
Sport Neighbourhood
Co-ordinator (North)

Lorraine Rye:
Sport Neighbourhood
Co-ordinator (East)

Anthony Thomas:
Sport Neighbourhood
Co-ordinator (City and South)

Stephen DeAbreu:
Sport Neighbourhood
Activator (North)

Lydia Gyngell:
Sport Neighbourhood
Activator (South West)

Hannah Pretty:
Sport Neighbourhood
Activator (West)

James Horwood:
Sport Neighbourhood
Activator (South East)

Huw James:
Sport Neighbourhood
Activator (East)

Jessica Huddleston:
Sport Neighbourhood
Activator (City and South)

Laura Williams:
Senior Sport Development
Co-ordinator

Fay Benningwood:
Sport Development
Co-ordinator (Women
and Girls)

Joanna Coates-McGrath:
Sport Development
Co-ordinator (Disability
and Clubs)

Dawn Mitchell-Williams:
Sport Development
Co-ordinator (Competitions)

Gareth Power:
Sport Development
Co-ordinator (Coaching and
Workforce)

Help shape sport in the city



• Pupils at Fitzalan High School enjoy a fitness session with Sport Cardiff

WOULD you like to help shape the sporting landscape in the city?

Sport Cardiff is looking for sports enthusiasts and members of local sports club to help shape the future of sport in their communities by getting involved in Regional Sports Boards.

Cabinet Member for Community Development, Co-operatives and Social Enterprise, Councillor Peter Bradbury, said: "Last year was a great year for sport in Cardiff. The city celebrated its year as European Capital of Sport and the future of sport was secured with the official signing of a Joint Venture agreement between the City of Cardiff Council

and Cardiff Metropolitan University.

"This new partnership has been backed by Sport Wales and Cardiff City FC and provides a timely boost to the resources available to develop sport in the capital."

The agreement also transferred the City Council's Sport Development Team, Sport Cardiff to Cardiff Metropolitan University where they will continue to provide support and advice on how to establish or develop your club including funding support and recruiting coaches and volunteers.

This year, Sport Cardiff is launching a dynamic new staffing structure that

will improve the sporting opportunities available to schools and local communities and ensure that the sporting needs of people in each of the six neighbourhood partnership areas of the city are met.

To do this, four new roles have been introduced to the team: Sports Development Co-ordinator (Disability and Club Development), Sports Development Co-ordinator (Women and Girls), Neighbourhood Sport Co-ordinators and Neighbourhood Sport Activators.

In each of the six neighbourhood areas, a Regional Sports Board will be active in delivering the

structure. Members of these boards will include representatives from local sports clubs, schools, youth service, leisure service, local police, National Governing Bodies, community services and forums, and Sport Cardiff.

If you're interested in getting involved in the Sports Board for your area, or if you think the team could help you, then get in touch by email: sportcardiff@cardiffmet.ac.uk, Tel: 029 2020 5286 or visit www.cardiffmet.ac.uk/sport-cardiff, Twitter: @SportCardiff / @TheSportsHubSC or Facebook: SportCardiff.

Cardiff City FC – Cardiff City Stadium

Sky Bet Championship

Saturday, January 31 (3pm)
Cardiff v
Derby County

Saturday, February 14 (3pm)
Cardiff v
Blackburn Rovers

Saturday, February 28 (3pm)
Cardiff v Wolverhampton
Wanderers

Cardiff Blues - Cardiff Arms Park

LV=Cup

Saturday, February 7 (2.30pm)
Cardiff Blues v
Leicester Tigers

Guinness PRO 12
Sunday, March 1 (12.45pm)
Cardiff Blues v
Edinburgh Rugby

International Deaf Rugby Union, Broadstreet Cup

Saturday, January 31
(2.30pm)
Wales v England

Millennium Stadium

RBS Six Nations

Friday, February 6 (8.05pm)
Wales v England

Cardiff Devils – Cardiff Bay Ice Arena

Elite League

Sunday, February 1, (6pm)
Cardiff Devils v
Coventry Blaze

Sunday, February 8, (6pm)
Cardiff Devils v
Sheffield Steelers

Sunday, February 22, (6pm)
Cardiff Devils v
Fife Flyers

Sunday, March 1, (6pm)
Cardiff Devils v
Belfast Giants

For other sporting fixtures
taking place across the city
this month please visit
www.sport-cardiff.com
Please note fixtures can be
subject to change



Capital Events...



Another event brought to you by City of Cardiff Council www.cardiff.gov.uk or call C2C on 2087 2087

New Theatre

Tel: 2087 8889
www.newtheatrecardiff.co.uk

See website for performance times and further details.

Jesus Christ Superstar
Monday, January 26 – Saturday, January 31

The Business of Murder
Tuesday, February 3 – Saturday, February 7

One Man, Two Guvnors
Tuesday, February 10 – Saturday, February 14

Twelve Angry Men
Tuesday, February 17 – Saturday, February 21

Dance ‘Til Dawn
Monday, February 23 – Saturday, February 28

St David’s Hall

Tel: 2087 8444
www.stdavidshallcardiff.co.uk

See website for performance times and further details.

Jillian Michaels
Monday, January 26, 7.30pm

Royal Welsh College of Music and Drama Symphony Orchestra
Tuesday, January 27, 1pm

Beyond The Barricade
Friday, January 30, 7.30pm

Sam Bailey
Saturday, January 31, 7.30pm

Johann Strauss Gala
Sunday, February 1, 3pm

Kathryn Roberts and Sean Lakeman
Monday, February 2, 8pm

Dimitris Dekavallas
Tuesday, February 3, 1pm

Collabro
Wednesday, February 4, 7.30pm

Thomas Søndergård & Benjamin Grosvenor
Thursday, February 5, 7.30pm

King of Pop starring Navi
Saturday, February 7, 7.30pm

Showtime
Sunday, February 8

St Petersburg Symphony Orchestra
Tuesday, February 10, 7.30pm

Hannah Watson
Wednesday, February 11, 1pm

Armonico Consort
Friday, February 13, 7.30pm

Hiraeth
Saturday, February 14, 7.30pm

Festival of Diversity X11 Ratu Kelantan
Sunday, February 15, 2pm

Sing a Long a Frozen

Monday, February 16

IOcc in concert

Tuesday, February 17, 7.30pm

Alun Cochrane - Comedy

Thursday, February 19, 8pm

Philharmonia Orchestra

Friday, February 20, 7.30pm

Exaudi – Concert

Saturday, February 21, 1pm

Omid Djalili - Comedy

Saturday, February 21, 8pm

Richard & Adam at The Movies in Concert

Tuesday, February 24, 7.30pm

Mayuko Katsumura and Nigel Hutchison

Wednesday, February 25, 1pm

The Unthanks

Thursday, February 26, 8pm

Abba Mania

Friday, February 27, 7.30pm

St David’s Day Gala

Sunday, March 1, 4pm

Cardiff Castle

Tel: 02987 8100
www.cardiffcastle.com

‘Downton Abbey Revealed’: the story of Highclere Castle by Matthew Williams

Thursday, February 26, 6pm
The real story of the castle and its family is every bit as fascinating as its fictional counterpart.
Tickets: £7.50 029 20878100
www.cardiffcastle.com

Cardiff Story Museum

Tel: 029 2078 8334
www.cardiffstory.com

Dinky Dragons

Friday, February 13, 11am - 3pm
A free family fun day for 0-5 year olds.

Carnival Arts Workshops-drop in sessions

Saturdays, January 31, February 7, 14, 21, 28, 10am-4pm
Make a Dragon Headaddress for the National St. David’s Day Parade-5 Free workshops.

Cardiff Carnival 25th Anniversary Exhibition

Saturday, January 31-Saturday, February 28 (closed Sundays), 10am-4pm

Libraries

Tel: 2038 2116
www.cardiff.gov.uk/libraryevents

There are lots of activities happening in libraries across Cardiff from children’s activities to live music. For details visit www.cardiff.gov.uk/libraryevents or contact your local branch.

Norwegian Church Art Centre

Tel: 2087 7959
norwegianchurchcardiff.com

The Welsh Norwegian Society monthly meetings

Third Wednesday of each month, 7.30pm. Free.

The Forsythe Sisters

Monday, February 4 – Saturday, February 14, 8pm
Plus “Friday Fright Night” February, 6 & 13, 10pm
Box Office: chapter.org 029 2030 4400 £12/10
See website for details.

Miranda Sykes & Rex Preston

Saturday, February 28, 7.30pm
For ticket reservations call 029 2087 7959 £11

Beyond the Bounds - Inn Focus Group

Monday, February 16 – Sunday, February 22, 11am-4pm
Free entry.

Yoga

Mondays 12.30pm - 1.15pm
Tuesdays 5.30pm - 6.30pm & 6.45pm - 8pm
For details contact: Sharon Davies 07504 475394 / daviesyoga@yahoo.co.uk

Flat Holm

Tel : 02920 877912
www.flatholmisland.com

Flat Holm offers a sense of wilderness and is the perfect family getaway. With a wealth of history and wildlife, you will be amazed at how much there is to discover. For further details: www.flatholmisland.com / 029 2087 7912.

The Flat Holm Society public talks

Thursday, February 19, 7pm
Room 3, The Kymin, Beach Road, Penarth
For details visit www.flatholmsociety.org.uk or e-mail flatholm.society@gmail.com

Parks

Tel: 02922 330235
www.cardiff.gov.uk/parks

Monthly Nature Ramble at Forest Farm

Saturday, February 21, 10am-12pm

Wales Millennium Centre

Tel: 029 2063 6464
www.wmc.org.uk

See website for full listing information.

Welsh National Opera: Chorus!

Saturday, February 7 – Sunday, February 22

Afternoon with Anu Tali

Tuesday, February 10

Richard III

Tuesday, February 10 – Monday, February 23

Spring Tour Premiere

Friday, February 13 – Saturday, February 14

Welsh National Opera: The Magic Flute

Friday, February 13 – Saturday, February 28

City & Bay Events

Email: events@cardiff.gov.uk
Tel: 2087 2087

Cardiff Children’s Literature Festival – Tickets on sale now!

Tuesday, March 24-Sunday, March 29
With over 50 exciting events to choose from, book lovers from toddlers to teens will be inspired by some of the best local and national contemporary authors and illustrators in both English and Welsh. For details and tickets visit www.cardiffchildrenslitfest.com

Cardiff International White Water

029 2082 9970 / www.ciww.com

Cardiff Bay Water Activity Centre

www.cbwac.com / 029 2087 7977 / 029 2035 3912

Cardiff Archaeological Society Lectures

Small Chemistry Lecture Theatre (Room 1.122), Main Building, Cardiff University, Cathays Park
The Hanging Garden of Babylon - Thursday, February 5, 7.15pm
Wollongong to Wallonia: An Archaeology of the Great War - Thursday, February 19, 7.15pm
Cardiff Astronomical Society

Meet Thursday evenings. Contact Dave Powell, Secretary Secretary@cardiff-astronomical-society.co.uk

Cardiff Bonsai Club

Meet monthly on the third Tuesday, 7.30pm at The Scout Hall, Lake Road North, CF23 5QN.
www.cardiffbonsai.org.uk

Cardiff & District Rhondda Society

Meet monthly on the third Wednesday during term time, 10.30am
Room 8, Ararat Church, Whitchurch. For details: 029 20883722

Cardiff Farmers Markets

Rhiwbina, Butcher’s Arms - Every Friday 10am-1pm. Roath, Mackintosh Sports Club-Every Saturday 9.30am-1pm. Riverside, Fitzhamon Embankment-Every Sunday 10am-2pm. St. Mary Street every Saturday 11am-5pm. www.riversidemarket.org.uk

Cardiff Naturalists’ Society

A series of talks and field trips covering all aspects of wildlife. For details: www.cardiffnaturalists.org.uk

Cardiff Philatelic Society

Stamps, postcards or postal history group. Meet alternate Tuesdays, 7.30pm at Llanishen Baptist Church, Fidlus Road, Llanishen, CF14 5LZ. For more information contact secretary Graham Bean on 029 2065 7941 or emailgbean@dsl.pipex.com

Cardiff Royal Naval Association

Meet monthly on the second Monday at 7.30pm at the Rumney Royal British Legion. Former and serving members of The Royal Navy and Royal Marines welcome. For details: 07926 030327 / jeffhadley@hotmail.co.uk

Cardiff U3A - Group for the retired/semi-retired

For details: www.cardiffu3a.org.uk/ / 07926 533693.

Conway 50+ Group

Conway Methodist Hall, Romilly Crescent, Riverside
Meet Wednesday mornings at 10.15am for an illustrated talk/speaker. Entry £2 includes refreshments.
January 28- ‘Three Queens & a Magician’
February 4-Easy International Dances
February 11-Inside the Welsh National Opera
February 18-Recovery in mental health
February 25-Traditional Welsh music & Instruments

Chapter Arts Centre

For information: www.chapter.org / 02920 304400 / enquiry@chapter.org

Four Seasons

An over 60s social group for widows and widowers. Meet every

Tuesday at 12.30pm. Location changes weekly, for details contact 02920 483321.

Monday Club

If you are age 50 plus and would like to make new friends come along to the weekly club at Home Guard Club, Ely at 1.30pm. Complimentary refreshments are also available.

National Museum Cardiff

For listings: www.museumwales.ac.uk / 0300 1112333.

Rhiwbina Floral Society

Meet every first and third Tuesday of the month at Rhiwbina Memorial Hall, Lon Ucha, CF14 6HL. For details: www.rhiwbinafloralsociety.org.uk

Royal Welsh College of Music and Drama

For information: www.rwcmd.ac.uk / Box office: 029 2039 1391 / boxoffice@rwcmd.ac.uk

Sherman Theatre

For listings: www.shermancymru.co.uk / 029 2064 6900.

Social Bridge Club

St Fagans Village Hall. Meet Wednesday evenings at 7pm. Brian@agrisgj.com / 02920 565445 / 02920 670401

St Fagans National History Museum

For listings: www.museumwales.ac.uk / 0300 1112333.

Table tennis for all

Meet Fridays at The Cardiff Community Table Tennis Club, Upper Hall of Wales Sport, Sophia Gardens 7pm-9pm. £3/£2 juniors. Roy Gibson: 01446 412352.

The Gate Arts and Community Centre

For performance information visit www.thegate.org.uk or call 029 2048 3344.

The Merchant Navy Association (Wales)

Meet monthly on the second Wednesday, 2.30pm at the Canton Liberal Club, Cowbridge Road East. 01443 815013/byron@blackranger.plus.com

The Royal Welsh Regimental Comrades Association City of Cardiff Branch

Former and serving members of the Royal Welsh, Welch Regiment, South Wales Borderers, Royal Welch Fusiliers, Royal Regiment of Wales and any affiliated territorial and regular battalions are welcome. Meet at the Officers’ Mess at Maindy Barracks on the third Friday each month at 7.30pm. For details: 02920 618115 / 02920 549577.

Welsh widows and widowers group

Meet Wednesdays and Saturdays. Tel: 07749 542858, e-mail: friends@welshwidows.co.uk, web: www.welshwidows.co.uk

YOUR WARD SURGERIES

ADAMSDOWN



Manzoor Ahmed
07850743355
manzoor.ahmed@cardiff.gov.uk

Surgeries:

2nd & 4th Saturday of the month
10.30am - 11.30am at Roath Library,
Newport Road.

To request a personal visit please phone or
email Councillor Ahmed.



Nigel Howells
029 2046 5233
nhowells@cardiff.gov.uk

Surgeries:

To book an appointment or arrange a house call
please phone or email Councillor Howells.

BUTETOWN



Ali Ahmed
07968165138
Ali.Ahmed@cardiff.gov.uk

Surgeries:

Every 2nd & 4th Saturday of every month
11am - 12pm at County Hall, Atlantic Wharf
(in the office to the left of reception).
Saturday street surgeries - 12.15pm - 1.15pm.

For more details contact Councillor Ahmed.

CAERAU



Peter Bradbury
20591735/ 07973 179577
Peter.Bradbury@cardiff.gov.uk



Elaine Simmons
20569349/ 07757 082410
Elaine.Simmons@cardiff.gov.uk

Surgeries:

February 7(ES) and 21(ES), March 7(PB) 2015
10am to 11.30am at Western Leisure Centre,
Caerau Lane.

Please contact Councillor Bradbury or Councillor
Simmons for a visit.

CANTON



Susan Elsmore
2087 2598
susan.elsmore@cardiff.gov.uk



Ramesh Patel
20372035/07850 874890
rapatel@cardiff.gov.uk



Richard Cook
20567428
riCook@cardiff.gov.uk

Surgeries:

Every Saturday 10am - 11am
Canton Library, Library Street,
Canton. CF5 1QD.

No appointment necessary

CATHAYS



Elizabeth Clark
20630311
eclark@cardiff.gov.uk

Surgeries:

First Saturday of every month
11am – 12pm at Cathays Library, Fair oak Road.



Christopher Weaver
2039 7149 / 07909991021
Christopher.Weaver@cardiff.gov.uk



Sarah Merry
07906355971/ 20372301
Sarah.Merry@cardiff.gov.uk



Sam Knight
07539685806/ 2037 2783
Sam.Knight@cardiff.gov.uk

Surgeries:

1st Saturday of the month, 11am – 12pm at
Cathays Community Centre, Cathays Terrace.

All other Saturdays 11am – 12pm at Cathays
Library, Fair oak Road.

CREIGIAU & ST FAGANS



Graham Thomas
07805850812
Graham.Thomas@cardiff.gov.uk

Surgeries:

To book an appointment or arrange a house call
please phone or email Councillor Thomas.

CYNCOED



David Rees
20750310
davrees@cardiff.gov.uk



Kate Lloyd
20753710
klloyd@cardiff.gov.uk



Margaret Jones
20758175
mjones@cardiff.gov.uk

Surgeries:

February 24th at the Terra Nova on the Lake
March 24th at Anatoni's, Lakeside Shopping
April 28th at the Terra Nova on the Lake

Surgeries at Anatoni's will start at 11am while
those at Terra Nova on the Lake will start
at 10.30.

No appointment is necessary for either.

ELY



Jim Murphy
20592411
Jim.Murphy@cardiff.gov.uk



Susan Goddard
20659330
sgoddard@cardiff.gov.uk



Russell Goodway
07962 251439
r.v.goodway@cardiff.gov.uk

FAIRWATER



Lisa Ford
07891518426
lisaford@cardiff.gov.uk



Neil McEvoy
07966375523
nmcevoy@cardiff.gov.uk

Surgeries:

Every Saturday 11am – 12pm at
Fairwater Library.

Every 2nd Saturday 10am - 11am Fairwater
Leisure Centre.

Every 4th Saturday 2pm – 3.30pm at Fairwater
Leisure Centre.

Every Wednesday 12pm to 1pm at Pentreban
Community Centre.

For more details contact Councillor Ford or
Councillor McEvoy.



Paul Mitchell
07967 143962
Paul.Mitchell@cardiff.gov.uk

Surgeries:

1st and 3rd Saturday, 11am - 1pm - street
surgeries at various locations. 2nd and 4th
Saturday 2pm – 3.30pm – fixed surgeries
at Fairwater Library. Contact Councillor Paul
Mitchell for further information or to make
appointments.

GABALFA



Ed Bridges
2061 4925
ebridges@cardiff.gov.uk

Surgeries:

Thursday 5th February, 6-7pm, North Star pub,
North Road

Please check the @TeamGabalfa Twitter
account for further information.



Gareth Holden
07583887312
Gareth.Holden@cardiff.gov.uk
Twitter @holden_gareth

Surgeries:

To request a personal visit please phone or
email Councillor Holden.

GRANGETOWN



Ashley Govier
07896 294865
Ashley.Govier@cardiff.gov.uk



Chris (John) Lomax
20372853
Chris.Lomax@cardiff.gov.uk



Lynda Thorne
20872598
Lynda.Thorne@cardiff.gov.uk

Surgeries:

Every Saturday from 10.30am at Grangetown
Library, Havelock Place.

First Wednesday of the month from 6pm at
Channel View Flats Community Room.

1st Friday of every month at Clare Road Islamic
Centre from 2pm - 3.30pm

HEATH



Fenella Bowden
20692435
fbowden@cardiff.gov.uk

Surgeries:

1st Saturday of the month, 10am - 11am
at Birchgrove School; and as advertised
within the ward



Lyn Hudson
20522654 / 07900167933
lhudson@cardiff.gov.uk

Surgeries:

1st Wednesday of every month (except August)
5.30pm - 6.30pm, Birchgrove Pub.

Please ring for an appointment.



Graham Hinchey
07583 721025
Graham.Hinchey@cardiff.gov.uk

Surgeries:

No appointment necessary. To request
a personal visit please phone or email
Councillor Hinchey.

LISVANE



David Walker
20765836
dwalker@Cardiff.gov.uk

Surgeries:

Saturday March 21 10am to 11am, Old School
Cabin, Heol y Delyn, Lisvane or to book an
appointment please contact Councillor Walker.

LLANDAFF



Gareth Aubrey
20552600
gaubrey@cardiff.gov.uk



Kirsty Davies
20562979
kirstydavies@cardiff.gov.uk

Surgeries:

2nd Saturday of every month 12.30pm -
1.30pm, at Llandaff Parish Hall.

4th Saturday of every month, 12pm - 1pm at
St Johns Hall, Danescourt.

LLANDAFF NORTH



Dilwar Ali
07734880397
Dilwar.Ali@cardiff.gov.uk



Susan White
07779 354776
susan.awhite@cardiff.gov.uk

Surgeries:

2nd & 4th Tuesday of each month (except
August) - 5.30pm - 6.30pm. Llandaff North
Library, Gabalfa Avenue, Llandaff North

1st & 3rd Saturday of each month (except
August) - 9.00am – 10.00am. Llandaff North
Library, Gabalfa Avenue, Llandaff North

LLANISHEN



Phil Bale
07581421282
Phil.Bale@cardiff.gov.uk



Garry Hunt
20750382
Garry.Hunt@cardiff.gov.uk



Julia Magill
20872420
Julia.Magill@cardiff.gov.uk

Surgeries:

Every Saturday 10am - 11am at Cardiff North
Labour Office, 13 Llangranog Road, Llanishen.



Andrew Graham
20751364
Andrew.Graham@cardiff.gov.uk

Surgeries:

To book an appointment or arrange a house call
please phone or email Councillor Graham.

LLANRUMNEY



Derrick Morgan
07967506602
DerrickMorgan@cardiff.gov.uk



Heather Joyce
07581163394
HJoyce@cardiff.gov.uk

Surgeries:

1st Saturday of every month; and every
Tuesday 9.30am at Llanrumney Library,
Countisbury Avenue



Keith Jones
07500554167
Keith.Jones@cardiff.gov.uk

Surgeries:

No appointment necessary. To book an
appointment or arrange a house call please
phone or email Councillor Jones.

PENTWYN



Joseph Carter
20734659
jcarter@cardiff.gov.uk



Judith Woodman
20541534
jwoodman@cardiff.gov.uk



Keith Hyde
20732807
khyde@cardiff.gov.uk



Paul Chaundy
20734313
pchaundy@cardiff.gov.uk

Surgeries:

Alternate Fridays (School term times only)
11.30am - 12.30pm at the Powerhouse,
Llanedeyrn. Contact 029 2054 9650; or
11.30am - 12.30pm at the Dome, Pentwyn,
Contact 029 2054 9033. No appointment
necessary

PENTYRCH



Craig Williams
07843233083
CrWilliams@cardiff.gov.uk

Surgeries:

To book an appointment or arrange a house call
please phone or email Councillor Williams.

PENYLAN



Bill Kelloway
20756886
bkelloway@cardiff.gov.uk



Joe Boyle
029 2046 2187
Joe.Boyle@cardiff.gov.uk



Tricia Burfoot
20488796
pburfoot@cardiff.gov.uk

Surgeries:

Friday February 13, March 27 between 6pm –
7pm in the Foyer, Marlborough Primary School,
Blenheim Road.

PLASNEWYDD



Daniel De'Ath
07581421273
Daniel.De'Ath@cardiff.gov.uk



Mahommed Javed
20753389
Mohammad.Javed@cardiff.gov.uk



Mary McGarry
20371324
Mary.McGarry@cardiff.gov.uk



Sue Lent
07790962764
Sue.Lent@cardiff.gov.uk

Surgeries:

Every Saturday morning 10am- 11am (except
August) - Penylan Library and Community
Centre, Ninian Road

PONTPRENNAU & OLD ST MELLONS



Dianne Rees
20794918
DiRees@cardiff.gov.uk

Surgeries:

1st Saturday of every month. 9.30am-10.30am
- Caer Salem Baptist Chapel, Tyr Winch Road.

1st Monday of every month (except for Bank
Holidays and August) 6pm - 7pm - Pontprennau
Community Centre, Heol Pontprennau



Georgina Phillips
20360692
Georgina.Phillips@cardiff.gov.uk

Surgeries:

1st Saturday of every month, 9.30am -
10.30am at Pontprennau Community Church
Centre, Heol Pontprennau.

1st Saturday of every month. 11am – 12pm in
the hall at the rear of Caersalem Baptist Church,
Mill Lane, Old St. Mellons.

RADYR & MORGANSTOWN



Roderick Mc Kerlich
029 2084 2764
RMkerlich@cardiff.gov.uk

Surgeries:

To book an appointment please call or email
Councillor Mc Kerlich.

RHIWBINA



Jayne Cowan
20627757
JCowan@cardiff.gov.uk



Adrian Robson
20627757
ARobson@cardiff.gov.uk



Eleanor Sanders
20628587
Eleanor.Sanders@cardiff.gov.uk

Surgeries:

February 21, 2015 – Rhiwbina Baptist Church,
Lon Ucha, Rhiwbina 10.00-12.00noon with
Heath Vets giving advice on animal health.

RIVERSIDE



Cecilia Love
07815001526
Cecilia.Love@cardiff.gov.uk



Iona Gordon
20345213
Iona.Gordon@cardiff.gov.uk



Darren Williams
07891485523
Darren.Williams@cardiff.gov.uk

Surgeries:

2nd and 4th Saturdays in the month in Canton
Library: 12pm - 1pm. 1st, 3rd and 5th Saturdays

switch on to cheaper energy...



Registration is now open for the third Wales Together / Cyd Cymru collective energy switch.

Collective energy switching is where a large number of households come together to buy their energy, and by doing so Cyd Cymru can negotiate better deals and pass on the savings to you!

Cyd Cymru is a Welsh Government funded project run by Cardiff and the Vale of Glamorgan Councils, and has been developed with partners across Wales to help you get a better deal on your energy prices.

Last year we helped households across Wales to save on average £185 per year on their energy bills.

It is free to register with Cyd Cymru and there is no obligation to switch. When the new price offers are ready you will be able to see how much you could save before you decide whether you want to switch. You will also be able to see how this compares to other market tariffs at the same time. In March 2014 we were able to secure a unique tariff for most people who registered with Cyd Cymru.

How does the process work?

The process is quite simple:

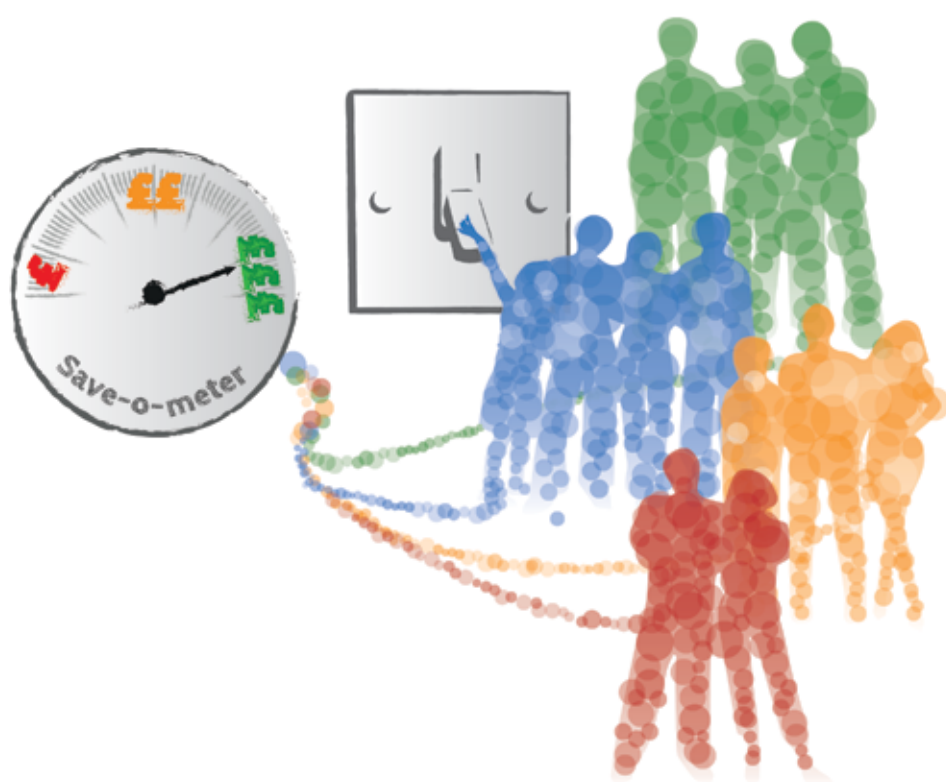
- 1. Registration:** The first step is to register your interest so that you can see the deal when it is offered in March. You can register for Cyd Cymru online or by phone.
- 2. Energy Auction:** An energy auction will then take place where Energy Suppliers are asked to give their best price to those who have registered to be part of the collective.
- 3. New tariff offered:** We will contact you with details of the best offer for your new cheaper bills and how to find out more about the savings you could make. There is no cost and no obligation to switch supplier(s). You will have the final say on whether you want to switch or not.
- 4. You decide:** If you accept the offer our partner, energyhelpline, will assist you to switch to the new cheaper tariff. Your new chosen supplier will contact your current supplier to request that you are moved to them. If you are on a pre-payment meter, your current supplier will advise whether or not you can transfer your current credit or debt to the new supplier. Or, if you decide not to switch, we may contact you to let you know when the next switch will be.

For more information and to register visit www.cydcymru-energy.com or call 0800 093 5902.

Register now to see how much you could save on your energy bills!

For more information and to register visit www.cydcymru-energy.com before **Sunday 1st March** or call us on 0800 093 5902 before **Friday 27th February** to ensure you can be part of the next collective switch. Phone lines are open Monday to Friday 9am-5pm.

When you register, it would be helpful if you have a recent energy bill to hand (gas, electricity or both) to help with answering some of the questions.



Alternatively come along and register at one of our Wales Together / Cyd Cymru / Events. The Wales Together / Cyd Cymru team will be at the following locations:

- ASDA Cardiff Bay, January 28
- Barry Market, February 3
- The Hayes, Cardiff from February 14 – 17
- King Square, Barry from February 19 – 21
- ASDA Cardiff Bay, February 27

Look out for details of further Wales Together / Cyd Cymru events near you!



The specially negotiated tariff offers will be sent to registered households in March 2015. You will then be able to see how much you could save and how the offers compare with other tariffs available on the market. There is no obligation to switch and you will have two weeks to decide if you want to switch or not.

Remember, Cyd Cymru / Wales Together collective energy switch is:

- Free to register and to switch
- Free to switch, if you choose to
- Available to **everyone** who lives in Wales
- Available to **all households regardless of income or property type** who pay their energy bill directly to an energy company
- Available to **pre-payment meter customers** who may be able to switch even if there is money owing to an existing energy supplier
- and will show you **how much you could save** on the new energy tariff offers and **other market tariffs** before you decide to switch

For more information and to register visit www.cydcymru-energy.com or call 0800 093 5902.

